

THE SABBATH WEDNESDAY GUIDE

NOVEMBER 2024

SEAN DREHER MINISTRIES X KINGDOM SOUTH

A NOTE FROM PASTOR SEAN

It's easy to buy into the idea that everything hinges on this moment, on this result. But Jesus invites us to a different way of being. He doesn't call us to be captive to news cycles or to tie our peace to political events. He calls us to anchor our lives in Him and find rest, not in the shifting sands of leadership changes but in the solid rock of His presence.

No matter who leads this nation, Jesus remains the King. No election can shift His sovereignty, and no result can shake His kingdom. Choosing to rest in this truth is an act of faith in a world consumed by worry. It's saying, "God, I place my hope not in earthly leaders but in Your eternal, unchanging reign."

Today, let's unhurry our souls. Resist the urge to be pulled into endless commentary. Take a deep breath. Pray for wisdom, grace, and compassion to guide the coming days. And let your heart rest in the assurance that our hope remains secure in Jesus. The world may be changing, but He remains the same.

PS: Remember to unplug from social media today. As part of our Sabbath Wednesday practice, we embrace a no-social-media rule to help us disconnect from distractions and reconnect with God and each other.



SCAN TO REWATCH DEVO

SABBATH WEDNESDAY SCRIPTURE

Blessed are those whose help is the God of Jacob, whose hope is in the Lord their God. He is the Maker of heaven and earth, the sea, and everything in them—he remains faithful forever. He upholds the cause of the oppressed and gives food to the hungry. The Lord sets prisoners free, the Lord gives sight to the blind, the Lord lifts up those who are bowed down, the Lord loves the righteous. The Lord watches over the foreigner and sustains the fatherless and the widow, but he frustrates the ways of the wicked. The Lord reigns forever, your God, O Zion, for all generations. Praise the Lord.

PSALM 146:5-10 NIV

MORNING DEVO SUMMARY

On this Sabbath Wednesday, reflect on the transformational power of justice. Psalm 146:5-10 reminds us that God is not only our Creator but also a protector and provider for those in need. This psalm reveals God's heart for the oppressed, the hungry, and the marginalized, showing us that true Sabbath rest includes aligning ourselves with His justice and compassion. As we pause to rest, we are invited to consider how we can embody God's love and care for others, making our Sabbath a time of renewal for ourselves and the world around us.

MIDDAY MEDITATION

Find a quiet place, take a few deep breaths, and meditate on this statement for 2-3 minutes amidst the stillness:

"Lord, as I rest in You, open my heart to Your justice. Help me to see those who need Your love and to live out Your compassion."

EVENING REFLECTION/JOURNAL PROMPT

As you reflect on the day, think about how God may call you to be an agent of justice in your world. Ask yourself: In what ways can my Sabbath rest be a preparation for bringing God's justice and compassion to those around me? Write about one specific way you might live out God's justice this week.

SABBATH WEDNESDAY PLAYLIST

JESUS WILL

Anita Wilson



GREAT ARE YOU LORD (Live)

Casting Crowns



LEAN ON ME

Kirk Franklin & The Family



